

Appendix A

Sport England Active Lives (adults aged 16+) demographic data

Demographic Heading	Survey Period		Movement
	May 20/21	Nov 20/21	
Male	62.7%	61.4%	1.3% decrease
Female	62.0%	63.0%	1.0% increase
Age 16 – 34	65.7%	63.4%	2.3% decrease
Age 35 - 54	60.1%	61.6%	1.5% increase
Age 55 – 74	66.5%	69.6%	3.1% increase
Age 75+	No data available due to sample size		
Disabled	48.1%	52.0%	3.9% increase
White	60.8%	67.7%	6.9% increase
White Other	59.2%	57.3%	1.9% decrease
Asian (excluding Chinese)	54.4%	58.7%	4.3% increase
BAME (including Black, Chinese, Mixed and Other ethnic group)	No data available due to sample size		

Note that the Active Lives Survey is conducted on a sample of 500 randomly selected participants. This may therefore impact the statistical significance of the increase/decrease in percentages between survey periods.

